

Coaching Expectations for 2007

T-Ball

- Teach positions and based – fields

- Throwing
 - Proper footwork
 - Throwing technique
 - Point your hand where you want the ball to go

- Catching
 - Proper glove position
 - Use two hands (teach alligator technique)
 - Glove work for ground balls and fly balls

***A great drill to start the season out with is to use tennis balls to play catch and bill the kids' confidence. **

- Hitting
 - Stance in the box
 - Hand positioning
 - Proper swing plane

- Base Running
 - Station-to-station
 - How to run through first base

Coaching Expectations for 2007

AA

- All contents of T-Ball, plus ...

- Fielding
 - Game situations
 - Hitting the cut-off man from the outfield
 - Game awareness (how many out; where is the play going; how many outs?)
 - Calling the ball
 - Proper backing-up of the bases
 - Teaching the catcher to be the field leader

- Throwing
 - Basics of throwing
 - Relay throws
 - How to make proper long throws
 - The art of the “crow hop”

- Base Running
 - Running through the base and proper turn
 - How to round a base and listen to your 3rd base coach
 - When to run when the ball is hit (i.e., ground ball, line drive, fly ball)
 - How not to throw your bat after swinging

- Pitching – **IMPORTANT POINT**
 - We want the coaches to recognize potential pitchers for the next level. If we can do this early in the season, as coaches the development committee, we can work with these kids to prepare them for AAA and possibly Diamond Club.

Coaching Expectations for 2007
AAA

- Keep working on all basics
- Sliding
- Taking signs
- Lead-offs and stealing
- How to bunt
- Defense of bunts
- Proper backing up of bases
- Work with pitchers
- Work with catchers

Coaching Expectations for 2007
Majors

- All items in the previous divisions, plus ...
- Catching skills
- Pitching skills